

Maximized Learning Time Sheet

Directions: Use this sheet to document and budget where you spend your time. Download and print two copies. Use the first copy to keep track of how you actually spend your time. Use the second copy to plan how you want to use your time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am							
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							